

THE PE-Tech COMPANY

 **HEART ZONES**
MOVE

Mobile app

 **HEART ZONES**
e-Physical Education

Online learning

 **HEART ZONES**
INSIGHTS™

Well-being platform


HEART
ZONES

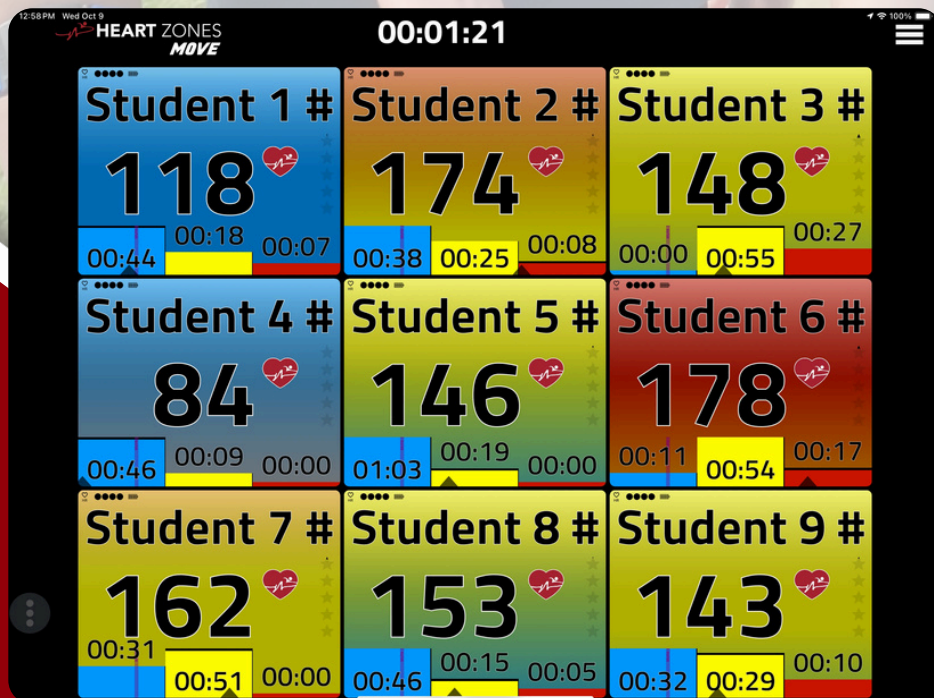
 **HEART ZONES** | **TRAINING**

Individual mobile app

HEARTZONES **CONNECT**

Online dashboard

SOLUTIONS FOR WHOLE SCHOOL WELL-BEING



The Best Group Solution for Heart Rate:



*iPad not included

HEART ZONES
MOVE



The Big Board Data Display

Heart Zones Smart Class Pack:

- “Heart Zones Move” software license: 1 time fee, **no yearly subscriptions**
- Blink 3.0+ or Blink 24 heart rate sensor: 10, 20, 30, 40, 50 pack sizes
- 4 sets of elastic replacement elastic strap
- Hanging Charging Station
- 2 Bridges: connects sensors to software
- Multiport USB Charger for rechargeable sensors
- Plastic storage case
- Smart PE Lessons: 178 page curriculum guide
- 1 Zoning Wall Chart
- 10 Zoning Heart Rate Cards

Price: Based on number and type of heart rate sensor: \$2,500-\$5,800 range

Plus: 3-hours onboarding tech support

Note: iPad/Macbook required not included



Heart Zones Move Features:

- Motivates and engages your students
- Provides student reports
- Collects, stores in the cloud and displays
- *Moderate to Vigorous Physical Activity: MVPA%*
- Heart rate number
- Zone colors
- FIT Points: Frequency x Intensity x Time
- FIT Stars: class goal for effort
- Calories burned
- Time in each heart zones
- 3 different methods: 3 zones, 5 zones, max
- Tiles that individually flip
- Assessments: Recovery - 1 and 2-minute
- Save the Peak to personalize heart rate zones
- Class Average Summary
- Heart rate graph
- Small and mobile: Indoor and outdoor
- *Smart PE* curriculum
- No Wi-Fi connection needed

2 Different Heart Rate Sensors

- Blink 3.0+ for classroom PE: With 24 hour battery, most accurate sensor available today. Rechargeable battery. Low profile. 3 zone lights. Fits all sizes. Remarkably durable. Waterproof for swimming. Easy to clean. Forearm not chest strap.
- Blink 24 for classroom and online PE: Same as above plus has 5 zone lights, records remote workouts, stores the activity data, and uploads the heart rate activity into the student record in the cloud. 13-hours data storage.



Activity Tracking Using Steps

- The Heart Zones Move software license: 1 time fee, no yearly subscriptions
- Strider ankle sensor: 10, 20, 30, 40 pack size
- Sensor management: Hanging storage station
- 2 Bridges: connects sensors to software
- Plastic storage case

Price: Based on number of Strider wearable ankle step-tracking sensors in the pack: \$2,000 - \$4,000

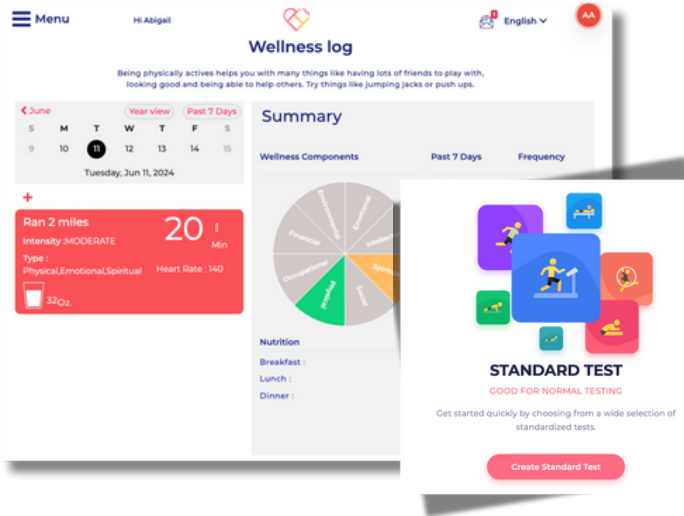
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For Whole Student Well-being:



Magnifying Whole Student Well-Being with...



1. Assessments

- Comprehensive Fitness assessment tools
- You choose which assessments in your battery of tests: Fitnessgram®, President Youth Fitness Program®, or you build your own from dozens of assessments

2. Grading and Assessing

- Use Heart Zones Move data for grading
- Standard and customizable rubrics

3. Content

- Videos for instruction
- Online PE application
- Engaging teacher and student content

4. Journaling & Smart Goals

- Allows students to track their progress
- Nutrition, emotional, and fitness journaling
- Student goal setting

5. Reports

- Analysis that is in-depth of student performance
- Strengths and areas of improvement identification
- Detailed reports

6. Student Self-Assessment

- Only software that allows students to self-assess
- Encourages student to enter their activity results

Price: \$499 per school. This is our newest addition. Introductory pricing earns school discount of \$299. Ask about district-wide pricing.

All Your Data Stored in the Cloud:

HEARTZONESCONNECT



Simple to log into the web portal for all three applications:

- Heart Zones Move
- Heart Zones Insights
- Heart Zones ePE - online Physical Education

View all of your student data in one location.

- Export that data and share
- Store that data
- View and print robust reports
- Send report emails

Year-over-year student data tracking.

Different levels of access: student, teacher, administrator.

Import your class rosters easily

Price: Free to licensees

Online Physical Education:



Using the Blink 24 heart rate sensor, students upload their remote activity data to the Heart Zones Connect cloud portal. Teachers can assign and track student's activity in virtual or distance-learning PE. Objective measurement, real accountability in and out of the classroom.

Price: Free with Heart Zones Move license

Gradebook						
Pre-Assessment						
Student Name	Assess Capacity	1 Mile Run (min:sec)	50' Push-Up (Add: Remove)	Flexed Arm Hang (Add: Remove)	5k & 10k (Add: Remove)	Preparation phase where having one in front of the body and 1 in front of the feet
Anderson Abigail	10	GOOD	1	1	1	Outstanding
Anderson Addison	4	1:11:55	15	1	1	Developing
Anderson Charlotte	4	1:11:55	15	1	1	Select
Garcia Aubrey	1	1:11:55	20	1	1	Select
Garcia Ethan	1	1:11:55	15	1	1	Select
Harris Daniel	12	GOOD	15	1	1	Select
Jones Alexander	4	1:11:55	15	1	1	Select
Jones Aubrey	4	1:11:55	15	1	1	Select
Robinson Abigail	10	1:11:55	15	1	1	Select

HEART ZONES is a Physical Education technology company that empowers teachers, coaches, counselors, administrators to provide quality and meaningful health and physical education programs.

Why Choose Heart Zones:

- Leader in PEtech globally
- Data driven insights for personalized instruction
- Motivates and engages your student's participation
 - Saves teachers time and energy
- Provides social and emotional learning to your program

**SCAN TO FOLLOW US
ON SOCIAL MEDIA &
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WEBSITE!**



**OR CALL US
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